



AG GRANT with LTCOP: REDUCE THE MISUSE **Resource List for providers of Dementia Care**

Long-Term Care Ombudsmen of Washington State are informing residents, and their legal decision makers, about the known adverse side effects of taking antipsychotics; as well as their legal rights to be informed and free of “chemical restraints”. As we carry out this important charge of consumer awareness, we meet care providers seeking to be better trained in non-pharmacological management of Dementia care. While the scope of our work charges us to provide consumer awareness to residents, and their representatives, it is *not* in our scope to provide staff training. As ombudsmen we are always glad to be resource linkers, for the sake of the well-being and quality of life for residents. In that spirit we created the following list of some training resources, which are currently providing education for professionals caring for residents with Dementia. This list does not serve as recommendations, nor is it an exclusive list, it is simply meant to help link resources to those seeking them. Check our website for additions we may be continually making to the Fact and Resource section, in the Reduce Antipsychotics tab. Our Website is: www.waombudsman.org

Professional Associations and Initiatives:

Hand in Hand: A Training Series for Nursing Homes. www.cms-handinhandtoolkit.info: This initiative is a dedicated response that trains nursing home staff to better care for residents with Dementia.

Washington State Residential Care Council for Adult Family Homes: www.wsrcc.org 360 754-3329
WSRCC has spring and fall conferences and other continuing education classes that focus on Dementia.

Washington Health Care Association www.whca.org. Has annual conferences and educational resources for staff in **Assisted Living** facilities; De’ Sandra Simmons, Director of Clinical and Regulatory Affairs is contact point.

Leading Age: A state association for not-for-profits dedicated to providing quality housing and resident care to elderly and vulnerable adults. www.Leadingage.wa.org

Nationally known Speaker/Trainer/Expert: Teepa Snow, O.T.: Teepa provides training in assisting residents with Dementia, purely through better understanding and non-pharmacological interventions; including series on DVD, “Accepting the Challenge”. www.teepasnow.com

Claire Brannan (Western Washington area training): www.mobile-classes.com/ Claire will come to facilities to provide training in managing Dementia care. Claire contracts often w/ state and associations.

Empowering People: Nora Loughlin, RN (Eastern Washington area training) E.P. has their own training center as well as coming to facilities to train in specific areas of Dementia Care. 509 443-5072

DSHS: ALTA (formerly ADSA): Provides quality training in most areas of resident care.
www.altsa.dshs.wa.gov/professional/training/ www.altsa.dshs.wa.gov/professional/training/